

## MOVE WITH ME & CREATIVE MOVEMENT CLASSES OCTOBER 2025

| SUNDAY       | MONDAY                         | TUESDAY      | WEDNESDAY                | THURSDAY                 | FRIDAY                   | SATURDAY   |
|--------------|--------------------------------|--------------|--------------------------|--------------------------|--------------------------|--|
| SEPTEMBER 28 | SEPTEMBER 29                   | SEPTEMBER 30 | 1                        | 2                        | 3                        | 4  |
|              | 5:15 PM - Creative<br>Movement |              | 4 PM - Creative Movement |                          |                          | 9AM - Move with Me<br>10 AM - Creative<br>Movement |
| 5            | 6                              | 7            | 8                        | 9                        | 10                       | 11   |
|              | 5:15 PM - Creative<br>Movement |              | 4 PM - Creative Movement |                          |                          | 9AM - Move with Me<br>10 AM - Creative<br>Movement |
| 12           | 13                             | 14           | 15                       | 16                       | 17                       | 18   |
|              | 5:15 PM - Creative<br>Movement |              | FALL BREAK<br>NO CLASSES | FALL BREAK<br>NO CLASSES | FALL BREAK<br>NO CLASSES | FALL BREAK<br>NO CLASSES                           |
| 19           | 20                             | 21           | 22                       | 23                       | 24                       | 25   |
|              | 5:15 PM - Creative<br>Movement |              | 4 PM - Creative Movement |                          |                          | 9AM - Move with Me<br>10 AM - Creative<br>Movement |
| 26           | 27                             | 28           | 29                       | 30                       | 31                       | NOVEMBER 1   |
|              | 5:15 PM - Creative<br>Movement |              | 4 PM - Creative Movement |                          |                          | 9AM - Move with Me<br>10 AM - Creative<br>Movement |